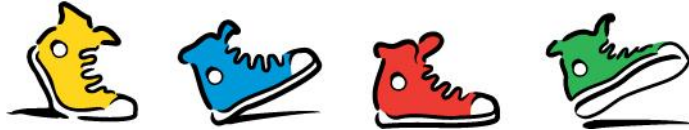


Walk Day News You Can Use



Sunday, September 28, 2014
Virginia Museum of Transportation
12:00 p.m. --Registration Begins
2:00 p.m. --Walk Begins
We walk rain or shine!

Come at noon to enjoy the pre-Walk fun! Carnival games, vendors, music, and more. The museum is free to all walkers. Family Teams can hang out in the "Family Team Tent" behind the Kids' Corner.

Remember to turn in your extra team T-Shirt or a front/back picture of your team T-Shirt to the T-Shirt Contest Tent!

FREE Parking is available in the Brandon Parking Lot and the Campbell Garage (from the Campbell Ave. entrance). Please **do not** park in the Roanoke Times parking lot.

All donations must be turned in at registration. Cash and checks should be sealed inside a completed walker envelope. Walker envelopes can be found inside the JDRF walk brochures. Envelopes will also be available at the "Walker Envelope Completion Area" on Walk Day. **Credit cards will be accepted at registration.**

All walkers should come through registration to get the free give-aways, courtesy of Sheetz!

All walkers who have raised \$100 (under their name) will be given a ticket at registration for their 2014 Walk Day T-Shirt.

Look for the recycling station near the museum entrance, and at the picnic, for your plastic water bottles. Thank you to Star City Recycling for their support.

The Roanoke Times Papparazzi will be on site before the Walk to take your picture!

Turn in your Wall of Hero posters in the back of the museum, near the fence.

Walkers may choose from a 1-mile route or a 3-mile route. The routes will be clearly marked. There are no restrooms along the route. There will be 3 rest stops with water for walkers (and orange juice for emergencies).

This event is dog-friendly. Just come prepared to clean up after your furry friend!

After the walk, a picnic will be provided by Kroger. Barefoot West will be playing live music. T-Shirt contest winners will be announced at the picnic.

During the walk:

- All walkers must use the existing sidewalks along the walk route. Walking in vehicular travel lanes is prohibited.
- All walkers must obey all traffic signals, signs, and markings.
- Please do not block entrances/exits to businesses, residences, etc.
- Please do not block sidewalks or handicap ramps to other pedestrian traffic.
- Please do not block line of sight at street intersections to allow for safe vehicular turns and pedestrian crossings.
- Please clean up after any animals.

Thank you to our Walk Day sponsors!

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